

# Substance Misuse & Coronavirus 19

Update July 2021

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## Policy Changes & Delivery of Services

**Finding stability amidst the COVID-19 pandemic: the impact of emergency temporary housing for people who use drugs.**

2 case studies demonstrating the effect of a Canadian initiative to supply hostels

[Drug and Alcohol Review](#)

**Harm reduction is the best approach for COVID and drug addiction.**

In both cases, it is a better strategy than draconian rules that do not actually work.

[Scientific American](#)

**WHO supports people quitting tobacco to reduce their risk of severe COVID-19**

The WHO have made resources from its Quitting Toolkit freely available to more than a billion tobacco users who are taking steps to quit [World Health Organization](#)

## Health & Behaviour

**National survey reports a surge in drinking & gambling problems during the pandemic**

National poll conducted by YouGov shows increasing levels of problem drinking, gambling and relapse a year into the pandemic. [Forward Trust](#)

**Online alcohol delivery is associated with heavier drinking during the first COVID-19 pandemic restrictions.**

This paper aimed to assess purchasing and drinking behaviour during the first COVID-19 pandemic restrictions in New Zealand. [Drug and Alcohol Review](#)

**Student drug behaviour in 2021**

Discusses how they might differ after the experiences of lockdown and what can be done.

**Student Futures Commission**

**Traumatic stress, dissociation, and risk of addiction during the first wave of COVID-19**

Study aimed to determine if trauma & dissociation could predict the risk of addiction during the pandemic [International Journal of Mental Health and Addiction](#)

## Resources

**Recovery mutual aid resources during the pandemic**

Highlights several websites and online articles to facilitate recovery. [William L. White Papers](#)

## Conferences

**Impact of COVID-19 on people who use drugs.**

Free, online event by Scottish Drugs Research Network, 24 August 2021, 10.00 to 12.00

[Eventbrite](#)

*Due to the current coronavirus outbreak, the Library and Knowledge Services are operating a reduced service until further notice. We can provide evidence support with literature searches, current awareness, and assistance with accessing our online resources. For information on our service changes, visit our website at <https://www.gmmh.nhs.uk/library-service-changes>*

