### National support organisations:

<table>
<thead>
<tr>
<th>Service Provided</th>
<th>Contact Links</th>
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| **Assistance with legal aid:** | http://www.rethink.org/living-with-mental-illness/rights-restrictions/legal-advice/legal-aid  
https://www.gov.uk/check-legal-aid |
| **Domestic violence:** | http://www.womensaid.org.uk/?gclid=CKGzrYSHtbwCFflHtAodN0YAQg  
http://www.nationaldomesticviolencehelpline.org.uk/ |
| **For welfare and benefits:** | http://www.debtadvicefoundation.org/benefit?gclid=COnmjKeOtbwCFesSwwodnRAAng  
| **For housing / housing law:** | http://england.shelter.org.uk/get_advice/how_we_can_help/housing_advice_helpline  
http://www.homelessuk.org/details.asp?id=LP10  
https://www.gov.uk/repossession/help-with-legal-costs |
| **For employment issues:** | http://www.acas.org.uk/index.aspx?articleid=1461 |
| **For victims of crime:** | http://www.victimsupport.org.uk/ |
| **For free legal advice on a range of issues, with clinics located across the UK:** | http://lawworks.org.uk/clinics |
The website [http://www.mentalhealth.org.uk/information/organisations-and-websites/](http://www.mentalhealth.org.uk/information/organisations-and-websites/) maintains an extensive directory of organisations and websites that deliver mental health services or offer support and information. These organisations and websites cover international, national and local services. They include:

- Alzheimers (national care and research charity) [www.alzheimers.org.uk](http://www.alzheimers.org.uk)
- Developmental Adult Neuro-Diverse Association (Danda) [www.danda.org.uk](http://www.danda.org.uk)
- Mencap [www.mencap.org.uk](http://www.mencap.org.uk)
- Mental Health Alliance [www.mentalhealthalliance.org](http://www.mentalhealthalliance.org)
- Mental Health Equalities [www.mentalhealthequalities.org.uk](http://www.mentalhealthequalities.org.uk)
- Mind [www.mind.org.uk](http://www.mind.org.uk)
- Nacro [www.nacro.org.uk](http://www.nacro.org.uk)
- National Attention Deficit Disorder Information and Support [www.Addiss.co.uk](http://www.Addiss.co.uk)
- Rethink (National Schizophrenia Fellowship) [www.rethink.org.uk](http://www.rethink.org.uk)
- Revolving Doors Agency [www.revolving-doors.org.uk](http://www.revolving-doors.org.uk)
- Sainsbury Centre for Mental Health [www.scmh.org.uk](http://www.scmh.org.uk)
- Time to Change Anti-Stigma Programme [www.time-to-change.org.uk](http://www.time-to-change.org.uk)
- Victim Support [www.victimsupport.org.uk](http://www.victimsupport.org.uk)
- Greater Manchester Alcohol & Drugs Carers Focus Group
- Military Mental Health CIC [www.selfhelpservices.org.uk](http://www.selfhelpservices.org.uk)