



**Membership at Greater Manchester  
Mental Health NHS Foundation Trust**

**Get involved  
and influence  
decisions**

**Information  
on becoming  
a member of  
our Trust**



# Introduction

This leaflet is about becoming a member of Greater Manchester Mental Health NHS Foundation Trust (GMMH).

GMMH provides life-changing mental health and substance misuse recovery services across Greater Manchester and the wider North West.

Our vision is **“Improving Lives”** for those in our communities.

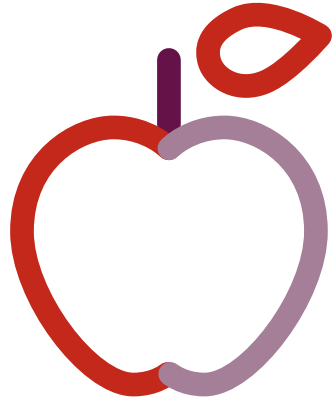
GMMH provides mental health and substance misuse services across Greater Manchester and wider North West.

We achieved a rating of **‘Good’** in our latest CQC inspection. Your contribution helps us maintain a high standard of service and care.



## Why become a member?

You will have the opportunity to get involved in the decisions we make and influence the way in which we plan and develop local services.



## Members also...

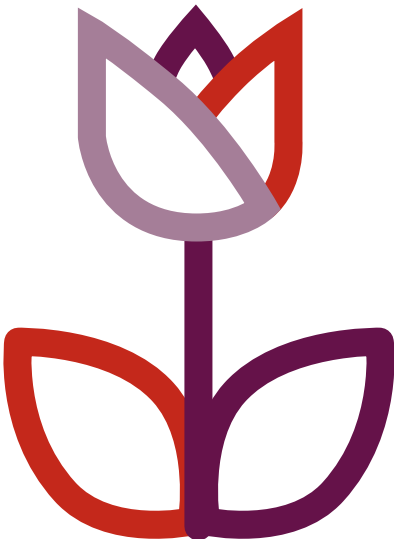
- Get news and information about new things that are happening in the Trust
- Have a say about the Trust and its services
- Help to challenge stigma and discrimination
- Shape the development of services for local people
- Get invited to a range of events across GMMH services
- Learn about opportunities to get more involved if you want to
- Can vote in Governor elections
- Can stand for election as a governor

## Who can be a member?

Anyone aged 14 years old and over who has an interest in the work of GMMH can become a member of the Trust.

Our aim is to get as many people as possible who use GMMH services, their carers and families, to join us as members.

This will help make sure that a variety of voices are heard and involved in our services.



## How involved can I get?

We appreciate that all of our members are different and will want to have different levels of involvement with our Trust. How involved you become is completely up to you.



## How to join

All you have to do to become a member is complete an application form. If you would like to speak to someone about becoming a member, or for support completing the form, please contact the Membership Team using the details overleaf. To apply online, visit [www.gmmh.nhs.uk/members-governors](http://www.gmmh.nhs.uk/members-governors).

# How can I become a member?

You can become a member of the Trust by:

Registering online at:

[www.gmmh.nhs.uk/members-governors](http://www.gmmh.nhs.uk/members-governors)

Emailing:

[membership@gmmh.nhs.uk](mailto:membership@gmmh.nhs.uk)

Calling:

**0161 358 1607**



This information can be provided in different languages, Braille, large print, interpretations, text only and audio formats on request.

Tel: 0161 358 1644 • Email: [communications@gmmh.nhs.uk](mailto:communications@gmmh.nhs.uk).

**For further information, visit:**

 [www.gmmh.nhs.uk](http://www.gmmh.nhs.uk)

 [@GMMH\\_NHS](https://twitter.com/GMMH_NHS)

 [www.facebook.com/GMMentalHealth](https://www.facebook.com/GMMentalHealth)

**NHS**

**Greater Manchester  
Mental Health**  
NHS Foundation Trust