

# Brief Intervention for Alcohol Pathway

AUDIT-C AND AUDIT Questions completed

**AUDIT**  
Score 0-7

**Congratulate and reinforce benefits of lower risk drinking.**

**No further action required**

**Lower risk**

This level of drinking means that in most circumstances you have a low risk of causing yourself future harm.

**Increasing risk**

Drinking at a level that increases the risk of damaging your health and could lead to serious medical conditions.

**Higher risk**

This level of drinking has the greatest risk of health problems.

**AUDIT**  
Score 8-15

**Deliver 'Brief Advice' using 2 sided leaflet**

[Link to leaflet here](#)

**Provide useful alcohol service numbers**

**AUDIT**  
Score 16-19

**Deliver 'Brief Advice' using 2 sided leaflet**

[Link to leaflet here](#)

**Complete ITEP alcohol map**

[Link to map here](#)

**Provide useful alcohol service numbers**

**AUDIT**  
Score 20+

**POSSIBLE DEPENDENCE**

**Further assessment required**

**Discuss in MDT to consider referral to specialist alcohol services for full alcohol assessment.**

**If currently an In-patient complete CIWAR**

[Link to CIWAR here](#)

**Consider the need for a detox**