

# POST COURSE COMPLETION REPORT - BOL1907



Intuitive Recovery

Re-education for addictions

Course Venue- St Andrews Court, Bolton  
Course Type - Intuitive Recovery

Outcome	Number of Learners
Did Not Start	15
Did Not Complete	1
Learners Completing	10
Total Referred	26

### Additionally

Re-sit Outcome	Number of Learners
Did Not Start	0
Did Not Complete	0
Learners Completing	0
Total Referred	0

Staff/Volunteer Completes	Number of Learners
Keyworker	0
Student	0

	%
% Referrals Commenced	42%
% Referrals Completed	91%

Customer Initials	Outcome	Referred By	Session Completed
BA	Awaiting Graduation	Barbara Foxcroft	Lesson 1:Lesson 2:Lesson 3:Lesson 4
SB	Awaiting Graduation	Stephen Mather	Lesson 1:Lesson 2:Lesson 3:Lesson 4
MD	Awaiting Graduation	Barbara Foxcroft	Lesson 1:Lesson 2:Lesson 3:Lesson 4
PE	Awaiting Graduation	Kathryn Briody	Lesson 1:Lesson 2:Lesson 3:Lesson 4
VE	Awaiting Graduation	Laura Smith	Lesson 1:Lesson 2:Lesson 3:Lesson 4
AH	Awaiting Graduation	Susan Forshaw	Lesson 1:Lesson 2:Lesson 3:Lesson 4
AK	Awaiting Graduation	Anne Turner	Lesson 1:Lesson 2:Lesson 3:Lesson 4
DS	Awaiting Graduation	Pete ward	Lesson 1:Lesson 2:Lesson 3:Lesson 4
SP	Awaiting Graduation	Catherine Allen	Lesson 1:Lesson 2:Lesson 3:Lesson 4
JM	Awaiting Graduation	Mark Hinchcliffe	Lesson 1:Lesson 2:Lesson 3:Lesson 4
SD	Did Not Complete	Lindsey Forde	Lesson 1:Lesson 2
NC	Did Not Start	Kathryn Briody	
CC	Did Not Start	Betty Cunningham	
KD	Did Not Start	Kathryn Briody	
AG	Did Not Start	Sam Partington	
JC	Did Not Start	Betty Cunningham	
LM	Did Not Start	Barbara Foxcroft	
CM	Did Not Start	Cat Allen	
KM	Did Not Start	Kathryn Briody	
PM	Did Not Start	Peter Ward	
MP	Did Not Start	Kathryn Briody	
AR	Did Not Start	Nasir Ahmed	
LT	Did Not Start	Lynn Bennett	
JT	Did Not Start	Laura Smith	
PW	Did Not Start	Kathryn Briody	
JW	Did Not Start	Susan Forshaw	

Learner Initials	Learner Comments
MD	Course was very informative & Nick delivered info in a way that was relaxed & easy to take on board. Most important thing I learnt was My Addiction is a survival instinct that's been learnt over time & so anything learnt, can be simply Un learnt. I am feeling much more confident & determined by using the skills learnt I can shut up "IT's Voice for good and take back control of my life.
BA	I am hoping to get a detox and use the skills and tools I have learned on this course to stay abstinent and be able to say "I will never use again". Most Important I've learnt the difference between "IT" & "I". The course as really got me thinking about my thoughts.
SP	I have learned that I am ultimately in control of "IT". No matter how hard it tries to convince me to use and that "IT" feeds on doubt and to stand strong and ignore "IT".
PE	I have learnt a lot off the 4 day course and can honestly say it has been really helpful and I feel very strong and determined to carry on the path that I am on. Thank you so much for the time and effort you have put in. It made me understand Why I took drugs and how to handle the bad craving, how to understand my self better. This has boosted my confidence, you have been a great help thank you.
AK	My plan is to stop drink. Use my skills I Wil beat "IT", by using the 'Iron Fist'. I've learnt to control my craving by taking control of "IT".
VE	Really good course, easy to understand and lots of skills to use in Life it self; Not just stopping Drugs. Powerful & Effective Course. Great teacher and easy to talk to - perfect Instructor. .
DS	Everyone should do this course. Most important I've learnt how to Identify "I" from "IT" I will never use again, Ignoring "IT" for ever.
AH	Superb session again, come away from the group with a big smile, brill. Has been an experience, taking this course, and feel all the better for it. Big Thanks. I Will never use again.
LM	The last lesson today: was like ones before, was full of practical tools to finally deal with, and put a reduction plan in place, With Dates put on paper that I can actually work towards. (to get
JM	The most important thing I have learnt from this course is: I will Never Use Again and I will never Change My Mind. I Know I can stay abstinent using the Skills. I have no worries about "IT". As I know "IT" has no control. I have all the control, I'm the Driver. I am Very Grateful to have had this course and very thankful to my Tutor, Nick.
SB	This course has been Instrumental in the way I think about how I treat my "IT". I am way more powerful that "IT". Most important, I've learnt I will never use again & I will never change my mind. I enjoyed writing those words I feel about staying stopped and how my "IT" Felt. I am feeling free and proud of my self for this step I have taken.

