



Volunteer Role Description

Role: Volunteer Activity Assistant

Service: Meadowbrook, Salford

Location: Activities/ Recreation Room, Meadowbrook

Recruiting Manager: Frank Griffin

Supervisor: Kvetka Chadwick (Volunteer Co-ordinator)

Role Purpose

The Volunteer Activities Assistant role has been developed to help alleviate boredom, reported by our inpatients whilst being hospitalised at Meadowbrook. The role complements the work of our Support Time Recovery Workers and Occupational Therapists and aims to improve our patient's treatment outcomes.

Main Duties & Responsibilities:

- To be able to commit to two hours per week/ fortnightly commitment (hours negotiable)
- To provide social support - a warm welcome, a cup of tea or coffee and a listening ear
- To co-deliver, with at least one other volunteer, a range of activities to support our patients' recovery and enhance their inpatient experience, taking into consideration any cultural requirements
- To have a flexible, encouraging and supportive approach to service user involvement in activities, recognising individuality
- To sensitively encourage and support patients to take part in the activities offered
- To work in a professional manner and adhere to confidentiality and health and safety procedures in line with the Trust values and policies and procedures
- To work as part of the Meadowbrook Team to receive and share information within the team in order to safeguard individuals and support them to work towards their
- To engage in the volunteer supervision process, to work safely, to comply with health and safety instructions and information





Requirements for the Role:

In order to fulfil the duties of this role we ask that you:

- Are aged 18 or over
- Have an understanding of mental health and the recovery process through your own lived experience, studies or work
- Demonstrate a basic understanding of service users recovery process or a willingness to learn
- Can commit to at least two hours per week, weekly or fortnightly
- Are able to organise and deliver group activities as part of a team and support co-volunteer(s)
- Complete Trust and local induction on the unit, and any other identified training necessary for your role and all mandatory training (within 4 weeks of starting role)
- Have a basic understanding of safeguarding vulnerable adults and children
- Have a basic understanding of confidentiality and information sharing
- Have a basic understanding of professional boundaries
- Have respect and compassion for others and their right to choose and to be treated with dignity
- Have good communication skills
- Have a basic understanding of equal opportunities

Please note that we strongly recommend that you check with the Benefits Agency that your commitment to volunteering does not penalise you in any way and does not affect your benefits. This role is unpaid, however, we will refund all travel expenses for training and volunteering in line with Trust Policy.

