

Meadowbrook Carer's Week

10th – 16th June 2019

We would like to invite family, friends, and carer's to attend Meadowbrook so we can celebrate all the effort you make to supporting those you care for.

The Ward staff have set up some events that you can attend on this time table below.

Day	Activity	Place/Time	Run by
Monday 	Arts and Crafts	Recreation Room 10-12pm	Kvetka – Activities Coordinator
	Tea Party	Recreation Room 1:30-4pm	Joanne, Debbie Stuart, Ward staff
Tuesday 	Board Games	Recreation Room 10-12pm	Kvetka- Activities Coordinator
	Discussion on Recovery	Recreation Room 2-3pm	KD Peer Mentor
	"Get Together"	Recreation Room 6-8pm	Maccoll Ward staff
Wednesday 	Start Art	Recreation Room 1:30-4pm	Joanne, Debbie Stuart
	Dance Group	Keats MDT Room 2-3pm	Fran Keats Ward
	"Get Together"	6-8pm	Keats Ward Staff
Thursday 	Bingo	Recreation Room 10-12pm	Kvetka- Activities Coordinator
	Carer's event on Chaucer Ward	Chaucer MDT 1-3pm	Chaucer ward staff
	"Get Together"	Recreation Room 6-8pm	Eagleton Ward Staff

<p>Friday</p> 	<p>Karaoke</p> <p>Cooking Group</p> <p>“Get Together”</p>	<p>Recreation Room 10-12pm</p> <p>Recreation Room 11-12pm</p> <p>Recreation Room 6-8pm</p>	<p>Kvetka – Activities Coordinator Stuart</p> <p>Maccoll Ward Staff</p>
<p>Saturday</p> 	<p>Open Visiting times</p>	<p>All Wards</p>	<p>Nurse in charge</p>
<p>Sunday</p> 	<p>Acupuncture</p>	<p>Keats MDT Room 2-3pm</p>	<p>Debbie and Emma Keats Ward</p>

Refreshments will be provided

If you are unable to attend at any time please let the staff know and they will discuss this individually with you



Getting Carers Connected



Get involved with Carers Week 2019 from 10 - 16 June

carersweek.org